## **Distance Exemption Form – U19 Riders**

I am writing in support of the below rider/s to ride above their maximum distance set out in the AusCycling (AC) regulation 1.01.13. I understand that regulations set by the UCI and AC are in place to protect riders, but I believe due to the rider's current form and ability that this would benefit their development in the sport.

| •       | Riders Name:   |
|---------|--|
| •       | Riders Team:   |
| •       | Riders Home Club:  |
| •       | U19 Year: First Year (17yo) Second Year (18yo)   |
| •       | Riders License Number:   |
| •       | Event Name/s and Stage Distance/s:   |
|         |  |
| Ad      | ditional Information Required:   |
| •       | Training – Hours per week for the last 4 weeks.  |
| •       | Recent results – Need to include times compared to winners of noted events.  |
| •       | Any power data you may have.   |
| Accred  | ited Coaches Name:   |
|         | Phone Number:  |
|         | Email:   |
| Accred  | ited Coaches Signature:  |
| When    | completed forward this form onto <a href="mailto:road@auscycling.org.au">road@auscycling.org.au</a> at AusCycling a minimum of |
| days be | efore the event that is being applied for.   |

## **Please Note:**

Each application will be individually assessed on the riders age, ability and distances being raced. Both  $1^{\text{st}}$  and  $2^{\text{nd}}$  year U19 Male and Female riders can apply to ride over their maximum distance, with applications being considered by AusCycling. Riders are required to apply when racing over the UCI and AC regulated maximum distance:

- U19 Men 140km (One Day Classic), 120km (Stage Race)
- U19 Women 100km (One Day Classic), 80km (Stage Race)

Applications excessively over the maximum distances outlined by the UCI and AC will NOT be considered.

There is NO appeal process.