



TECHNICAL REGULATIONS

Event Six - Q Tour

March 21 – 23, 2025

V1 - Issued 17.03.2025



Contents

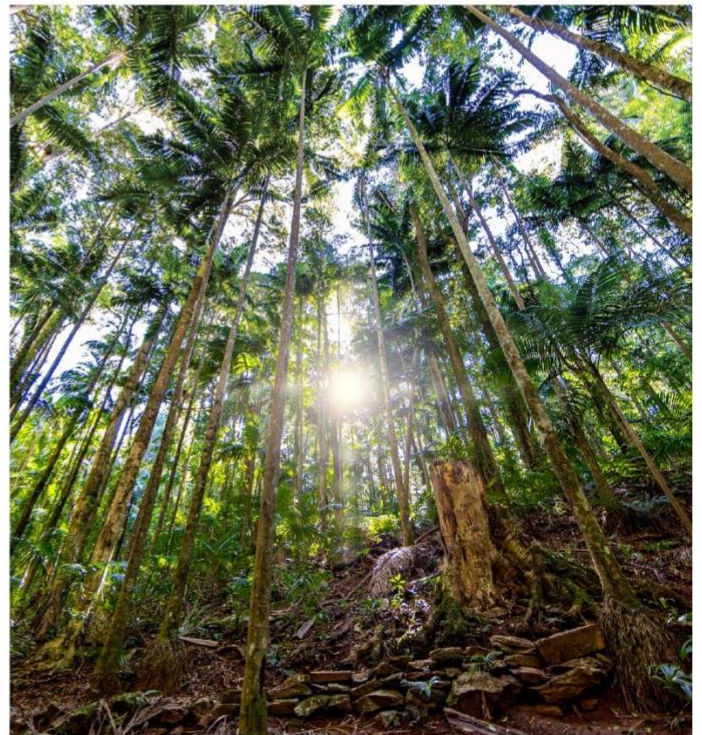
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VISIT
Moreton Bay
JUST DOWN THE ROAD...



From Redcliffe and Bribie Island's sun-kissed beaches to the lush hinterland escapes of Samford, Dayboro, and Woodford, Moreton Bay caters to every traveller. Whether you're after a beachside escape, water adventures, or nature immersion, this diverse region has it all. With vibrant communities, fresh seafood, and endless outdoor activities, Moreton Bay invites you to explore, unwind, and reconnect with nature.



visitmoretonbayregion.com.au

WELCOME TO THE PROVELO SUPER LEAGUE

The ProVelo Super League (PSL) was created for Australian road cycling.

The PSL committed to making the necessary financial investments upfront to build an elite focused platform that has the potential to drive viewing audiences, increase spectators and support pathway growth.

The end goal - to create more value for events, teams, athletes and the government funding and corporate partners that enable us to deliver the league season.

Every aspect of the PSL strategy exists for good reason. Generally speaking, although cycling has its idiosyncrasies, the strategic principles we are applying, have consistently grown the commercial value and returns in elite sport.

This extends to our brand. There was a strategic logic to creating a 'league' and not a series. We wanted to establish a strong, united, committed community that had a mutual bond and passionate interest in seeing our sport shift from "survive to thrive" through the league season but beyond also.

As a key member of our league community, with us, you and your connected community of members, volunteers, partners, riders, family and friends will play an integral role in the PSL achieving its vision.

Together we must act as one, proactively and positively promote road cycling and individually support each other to grow. If we adopt a league first mentality, support our broadcast partner, activate universally our various communication channels to grow our fan base; we will succeed.

We know we won't get everything right, we will make mistakes; but we are committed to evolving and working with each of you to make the PSL sustainable and vibrant for the current and future generations of road cycling.

This is our moment – let's make it happen.

Yours in cycling.

Gerry, Matt and Aaron.

ProVelo Season

Event 1	SA Kick It	18 – 20 January 2025
Event 2	Melbourne to Warrnambool	8 – 9 February 2025
Event 3	Tour of Tasmania	21 – 23 February 2025
Event 4	Harbour City GP	7-9 March 2025
Event 5	Grafton to Inverell	15 March 2025
Event 6	Q Tour	21 – 23 March 2025



WELCOME TO THE Q TOUR

On behalf of City of Moreton Bay, I warmly welcome the cyclists, spectators, families, supporters, and locals who have gathered for the final stage of the inaugural ProVelo Super League.

I am proud to host the athletes, supporters, and sponsors of this high-performance event which will not only showcase exceptional sporting talent but shines a spotlight on our wonderful natural assets and hidden treasures.

City of Moreton Bay is the perfect location for cycling events, with world class facilities and a diverse range of landscapes which make for scenic and challenging competition.

While you're here, I encourage you to experience what City of Moreton Bay has to offer. Our natural wonders, including famous beaches, stunning hinterland escapes, and our welcoming and relaxed communities are just part of what attracts 4.6 million visitors to our city each year.

City of Moreton Bay is thrilled to support this exciting and energetic competition, and I wish all the competitor's good luck and hope you enjoy your stay.

Mayor Peter Flannery
City of Moreton Bay

Q Tour Information

Event Schedule

DATE & STAGE	TYPE	CATEGORY	DISTANCE	RACE START TIME	EXPECTED FINISH TIME	LOCATION
Friday 21 March Stage 1	South Bank Criterium	Women	37 laps X 1km	6:15pm	7:15pm	South Bank
		Men	49 laps X 1km	7:30pm	8:30pm	
Saturday 22 March Stage 2	Samsonvale Time Trial	Women	8.6km	7:00am	7:40	Lake Samsonvale
		Men			8:45	
Saturday 22 March Stage 3	Lakeside Raceway Road Race	Women	Women 30 X 2.2km = 66km	Women 1:15pm	3:00	Lakeside Raceway
		Men	Men 40 X 2.2km = 89.5km	Men 3:30pm	5:15	
Sunday 23 March Stage 4	Moreton Bay Hinterland Road Race	Men	12.2km	8:15am	10:45am	Moreton Bay Hinterland
		Women		12:10pm	2:45pm	

Contact List

Race Officials

Race Director	Karin Jones	Phone: 0408 375 238
Commissaire PCP	Wayne Pomario	
Commissaire	Karen O'Callaghan	
Commissaire	Greg Griffiths	
Commissaire	Tony Clarke	
Commissaire	Tony Clarke	
Judge	Angus Rausch	
Judge	Glen Cooper	
Member RSO	Alysha Torr	

Event Team

PSL Director	Matt Wilson	Phone: 0424 325 534
Convoy Manager	Mike Crawley	
Event Services	Emily Thompson	
VIP Hospitality	Aaron Flanagan	
Media Manager	Lucy Bowden	
Social Media	Darren Casey	
Media Director	Dan Jones	
Athletes Services	Annie Pryjmak	
Driver Coordinator	Ray Thompson	
Event Crew	Ross Henry	
Event Crew	Connor Bagot	
Event Crew	Sean Whitaker	
Audio	Daniel Greenall	

Timing and Results

Timit Sports Timing	Ugo Durand
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Broadcast

Editrix	Ian Gates
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Commentary

Venue	Angus Calder
Broadcast	Matilda Raynolds and Scott McGrory

Photography

Photographer	Con Chronis
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Neutral Service

SRAM Rob Eva

Event Medical

Medical Motos Mark Hollis
Ambulance

Hospitals – 000 FOR ALL EMERGENCIES

SBS Live Broadcast times

- Criterium will be broadcast live on SBS on-demand 7pm to 10pm Friday 21 AEDT
- Moreton Bay Hinterland Road Race will be broadcast on SBS & On Demand will live from 1pm to 4pm Sunday March 23 AEDT

Comprehensive replays can also be found post event on SBS On Demand and on the PSL YouTube Channel

Social Media

Facebook / Instagram / Tiktok - @ProVeloSuperLeague

X (Twitter) - @ProVeloSL

YouTube - <https://www.youtube.com/@provelosuperleague>

Hashtags #PSL2025 #ProVeloSuperLeague

Echelon Club

The Echelon Club is a great opportunity for your Team to invite major stakeholders. This VIP experience will include networking opportunities with our PSL ambassadors, sponsors and special guests.

In the Echelon Club guests will enjoy access to a private cash bar for purchase with two hours of gourmet canapés and/or grazing platter service. The enclosure comes furnished, with shaded areas for the summer weather.

Teams and Riders can purchase tickets to the Echelon Club for VIP/Sponsors for \$75 plus ticketing platform booking fees.

Simply insert this code at checkout: ECHELONCLUB_VIP

More information on the Echelon Club can be found here

<https://provelosuperleague.com/membership/echelon-club>

Meetings

Race Number Collection

Date 21/3/2025

Time 3pm to 4pm

Location PSL Tent, Start/finish line, Little Stanley St South Bank

Parking Official teams parking will be on course at Grey St, South Bank. This parking area will be open from 3pm.

**Riders licenses will need to be presented when collecting race numbers

Team Managers and Individual Riders Meeting

Date 20/3/2025

Time 6:00pm QLD Time

Online <https://meet.google.com/aws-qrvz-mxo>

Commissaires and Officials Meeting

Date 21/3/2025

Time 4:30pm

Location Start/finish line

Parking for all teams, riders and officials will be in Grey St, South Bank. Parking area will be open from 3pm, see stage 1 criterium parking map for access information

Extreme Weather Policy

ProVelo will refer to AusCycling Extreme weather policy should we experience extreme weather conditions. <https://admin.platform.auscycling.org.au/uploads/extreme-weather-policy-v1-website.pdf>

Rider Sign On

Riders will be required to sign on for each stage, a sign on board will be at the start line of Stage 1, 2, 3 and 4.

Sign On will be open 45mins prior to race start and closed 10 mins prior to race start. Penalties will apply for riders not signing on in the required time period.

No sign on required for the ITT, officials will manage ITT start.

Presentations

Presentations will take place on the main stage after each stage with the exception of the Samsonvale Time Trial stage which will take place after the Stage 3 men's and women's stages finish.

All Jersey leaders and stage placings, 1, 2, 3 will be required to present to the presentation stage directly after the stage finish.

After the final stage finish, stage winner, all jersey winners, 1st, 2nd and 3rd on GC and Overall League Jersey Leaders must present for presentations immediately after the stage finish.

It is critical to ensure all riders are at the stage area **IMMEDIATELY** after the stage finish to ensure we fit the presentation into our broadcast production window.

Stage 1 Criterium

South Bank

Stage 2 Time Trial

Lake Samsonvale (Will be done post stage 3)

Stage 3 Road Race

Lakeside Raceway

Stage 4 Queen's Stage

Moreton Bay Hinterland

Stage 1 South Bank Criterium

Date Friday 21 March
Time SBS Women's 6:15pm - 7:15pm
SumUp Men's 7:30pm - 8:30pm

Start Location (refer to start map below)

Distance 1km

Course link <https://ridewithgps.com/routes/45755678>

Sprints Women - on completion of laps to go 30, 20, 10
Men - on completion of laps to go 39, 26, 13

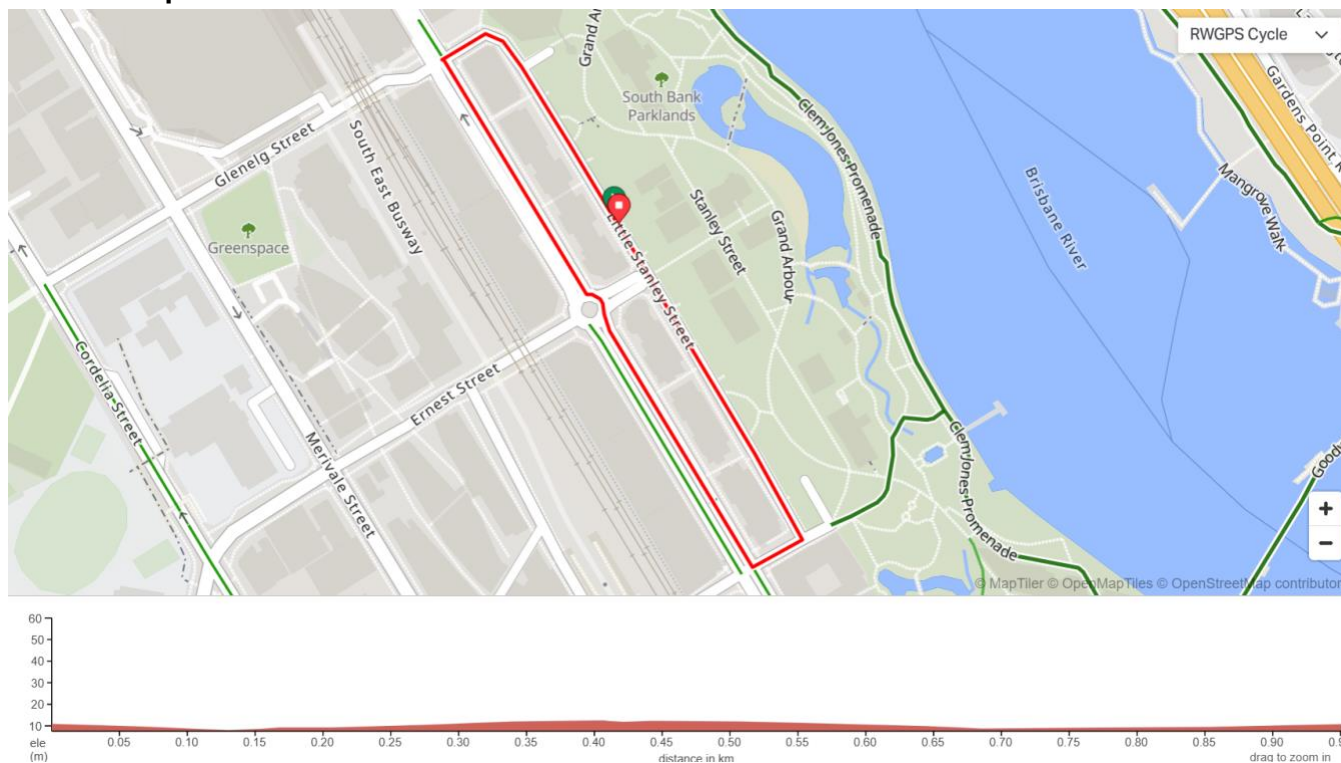
Feeding No feeding allowed

Team/Rider Parking Grey St, South Bank, see below map. Parking is strictly limited to 2 vehicles per team. Individual riders are encouraged to park off site if possible. Please print off or show on your phone this PDF to parking attendants when you arrive to allow parking access. Please email teams@provelosuperleague.com to access the pass. See below map with access details



**No team follow cars permitted; SRAM will have neutral service placed on Ernest St and teams will be permitted to set up if required.

Course Map



Stage 2

Samsonvale Time Trial

Date

Saturday 22 March

Time

7:00am

Start Location

Bullocky Rest, Samsonvale

Length

8.6 km all riders will go off in 30 second intervals. Riders will go off women first and men second with 15 minutes gap allowed in between. Riders will go off in reverse GC order after stage 1.

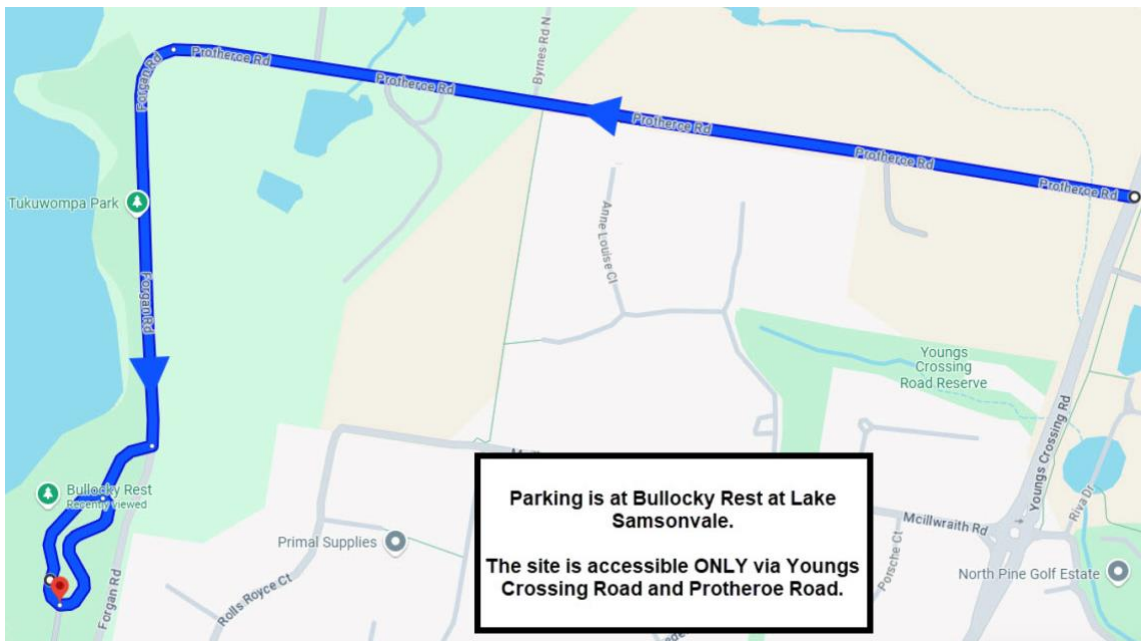
Course link

<https://ridewithgps.com/routes/49576300>

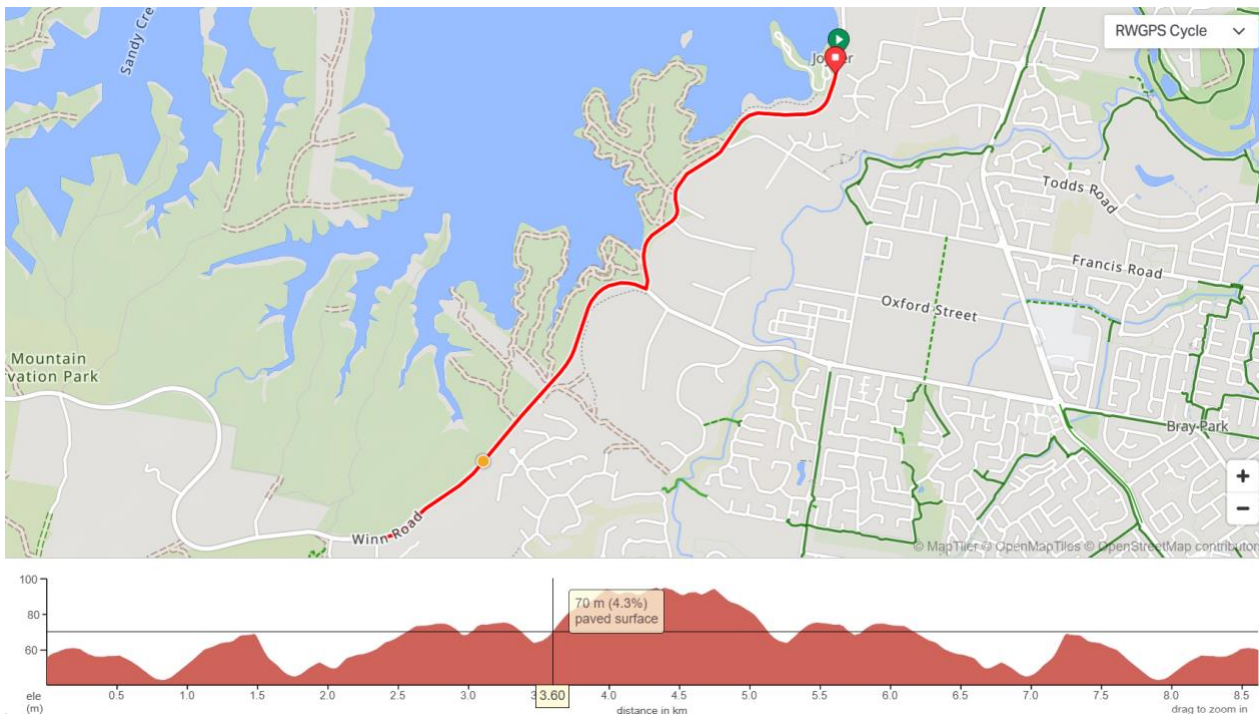
Neutral support

SRAM will provide a neutral service point at km 2 on course

Team/Rider Parking



Course Map



Stage 3 Lakeside Raceway Road Race

Date Saturday 22 March
Time Women - 1:15pm finish approximately 3:00pm
Men - 3:30pm finish approximately 5:15pm
Start Location Lakeside Raceway
Lap Length: 2.2 km
Race Distances Women - Women 30 X 2.2km = 66km
Men 40 X 2.2km = 89.5km
Sprints Women: on completion laps to go 24, 12 and 6
Men: on completion laps to go 30, 20 and 10

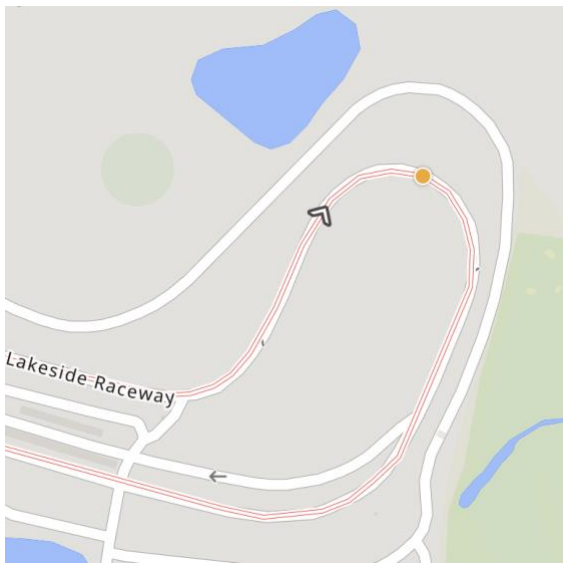
Course Link <https://ridewithgps.com/routes/49051105>

Convoy Cars: All convoy cars will be permitted

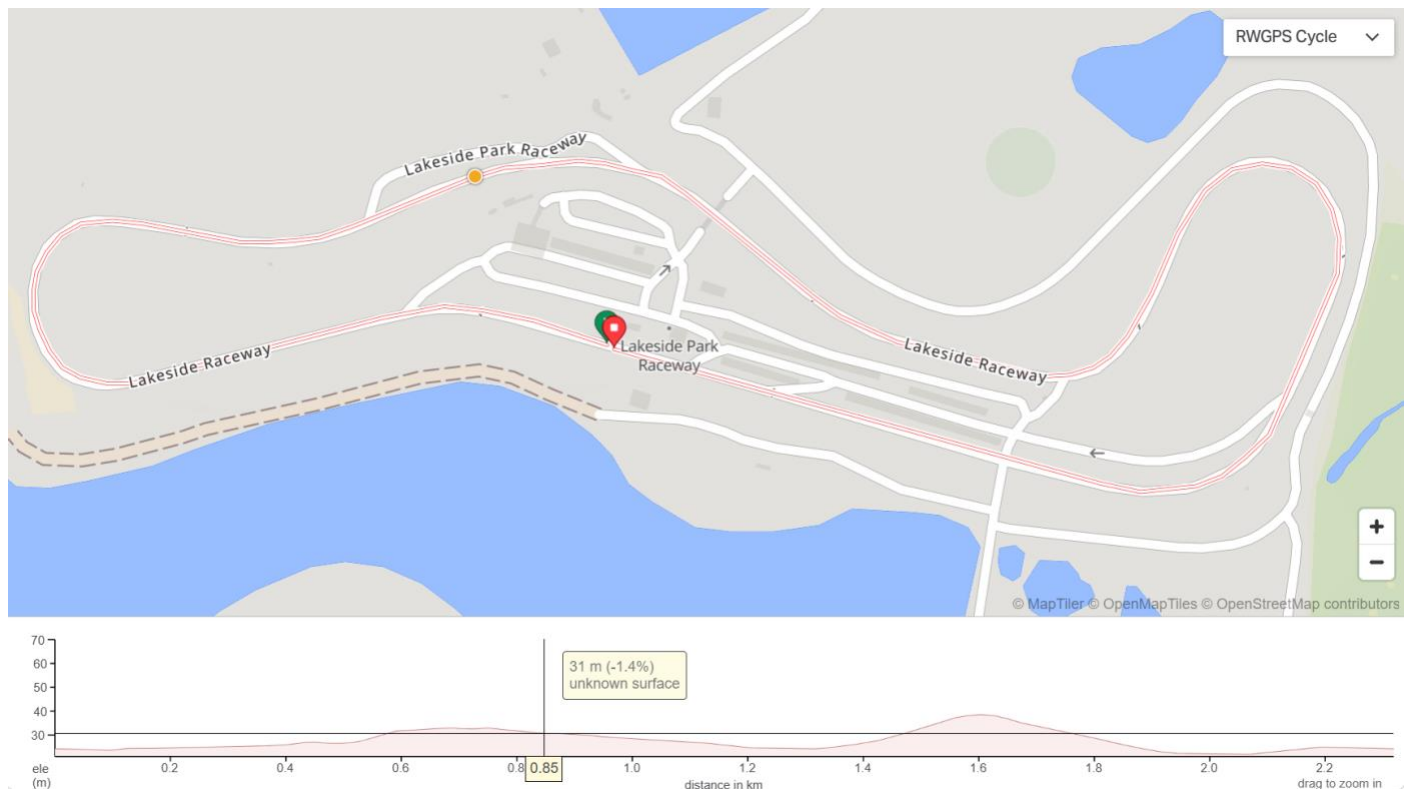
SRAM Pit There will be a SRAM neutral pit area on course 50m after the finish line

Feeding Feedzone allowed from feedzone area only, not from cars. Feedzone is located on the top of the small rise on the far north eastern turn indicated below with the orange dot. Feeding will be allowed starting after the completion of the 10th lap, and will finish when there are 5 laps remaining

FEEDZONE



COURSE MAP



Stage 4

Moreton Bay Hinterland Road Race

Date

Sunday 23 March

Time

Men - 8:15am approximate finish time 10:45am

Women - 12:10pm approximate finish 2:45pm

Start Location

Wamuran Sports Complex

Race Length Men: 10 X 10.7km + 4.7km to finish = 111.7km

Women: 8 X 10.7km + 4.7km to finish = 90.3km

Sprints

Will occur on the start line at the Wamuran Sports Complex on completion of:

Men: on completion of laps to go 9, 6 and 3

Women: on completion of laps to go 6, 4 and 2

KOM/QOM Cat 4

Will occur on Old Nth Rd in Wamuran marked on map as 'i' on completion of:

Men: on completion of laps to go 8, 5 and 2

Women: on completion of laps to go 5, 3 and 1

KOM/QOM Cat 1

Will occur based on the finish line position on Campbell Pocket Rd

Course link

<https://ridewithgps.com/routes/49972697>

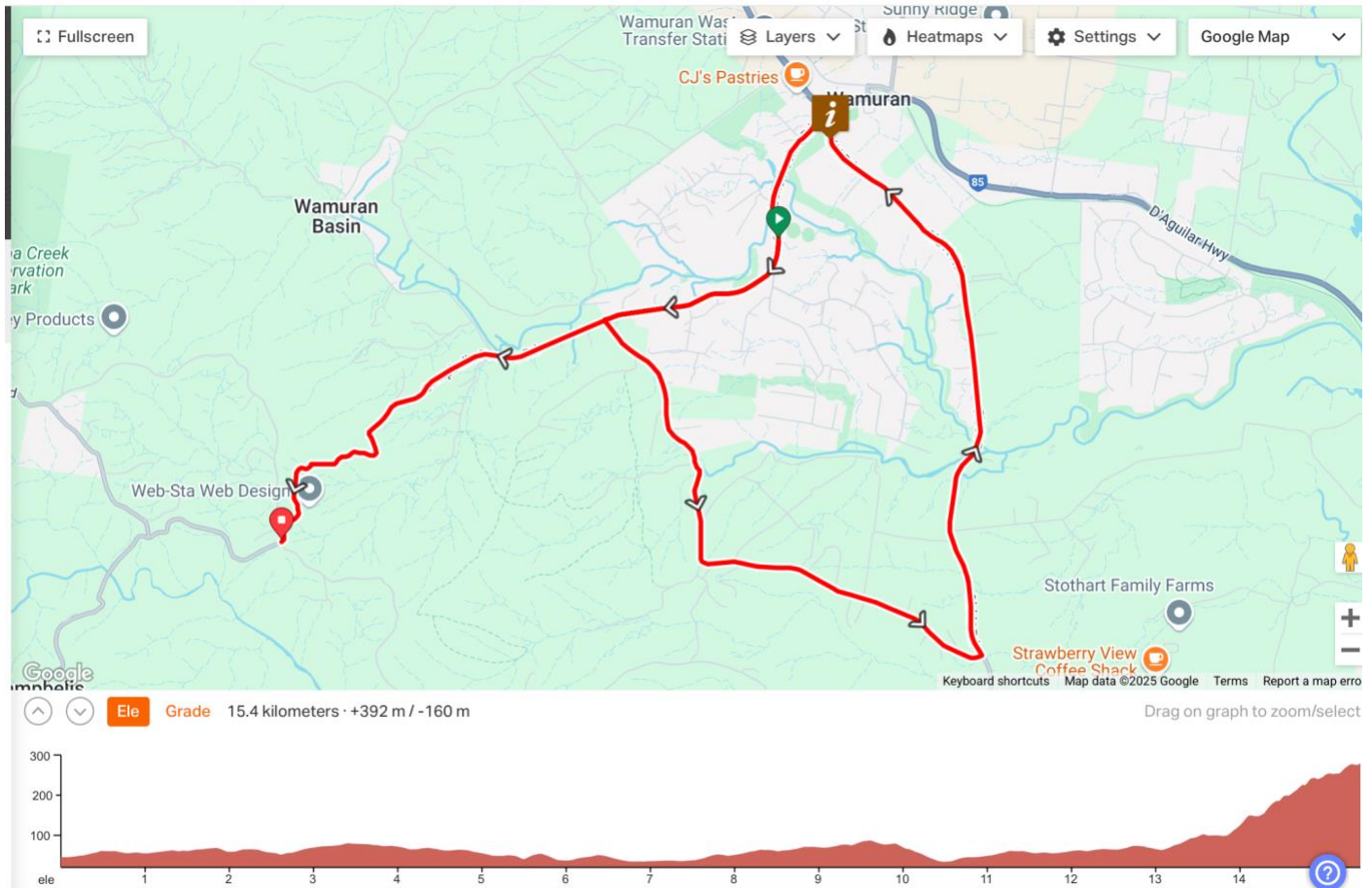
Team/Rider Parking and rider return details:

All teams and riders parking will be at the Wamuran Sports complex. At the finish on Campbell Pocket Rd, only 1 team support vehicle will be permitted to park due to limited parking space. All riders are encouraged to ride back to the Wamuran sports complex after the finish via Jackson Rd (approximately 12km

mostly downhill). No riders or team cars will be permitted to return to the start area via the course direction on Campbell Pocket Rd

Feedzone Feedzone will be situated directly after the KOM/QOM finish line. Under no circumstances are feeders allowed to stand before the line. Feeding will be open after the conclusion of 2 laps and not on the final lap

Course Details



Rules and regulations

ARTICLE 1. ORGANISATION

Q Tour is a stage race which is part of the ProVelo Super League Series.

The event is sanctioned by AusCycling and applies the AusCycling rules, as well as the ProVelo Super League Regulations, available online at <https://provelosuperleague.com/registration/rules-and-regulations>

ARTICLE 2. PARTICIPATION

The respective events are open to ProVelo Super League teams, Wildcard teams and Wildcard individual riders.

Each team will comprise of six (6) riders with a minimum of four (4) riders. Teams can register a seventh rider, provided that this rider is under 19.

ARTICLE 3. RACE HEADQUARTERS

Team representatives and individual wildcard riders are requested to confirm their starters and collect their race numbers at the Start/Finish area of the Stage 1 criterium. Team representatives and individual riders are requested to bring licenses of all riders taking part in the event for verification.

The technical meeting, organised in accordance with AusCycling regulations and adapted accordingly with the president of the commissaires' panel will take place online on Microsoft Teams at 18:00 on Thursday the 20th of March via the online link provided on page 10.

Attendance of number collection and the technical meeting by all team representatives and individual wildcard riders is compulsory.

ARTICLE 4. NEUTRAL TECHNICAL SUPPORT

The technical support service is handled by SRAM

The neutral support during the road race is taken care of by means of:

- 1 automobiles
- 1 motorcycle

Servicing will take place on the left side of the road.

ARTICLE 5. BONUSES

Time Bonuses for stage finishes will be awarded on stages 1, 3 and 4 only

Intermediate Sprints bonus: 3", 2", 1"

Finishes on stages 1, 3 and 4: 10", 6", 4"

ARTICLE 6. FINISHING TIME LIMITS

Taking into account the characteristics of each stage, the finishing time limits have been set as follows: 30% for all stages 2 and 4. For stages 1 and 3 criterium rules will apply. The time limit may, in exceptional circumstances only, be increased by the Commissaire's panel, in agreement with the organiser.

ARTICLE 7. CLASSIFICATIONS

The following classifications will be issued. All leaders are required to wear the appropriate jersey.

Individual General Classification

The competitor with the lowest cumulative time over all stages is the race leader. Each rider's cumulative time includes any time penalties assessed by the Commissaire's Panel as well as time bonuses awarded in individual stages.

When two riders or more have the same cumulative time, ties are broken according to article 2.6.015 of the UCI regulations.

Team General Classification

The team classification for the day shall be calculated on the basis of the sum of the three best individual times from each team.

The team general classification shall be calculated on the basis of the sum of the three best individual times from each team in each stage ridden.

When two teams or more have the same time in the team classification of a stage or in the team general classifications, the ties are broken in accordance with article 2.6.016 of the UCI Regulations UCI regulations.

Young Rider Classifications

Two young rider classifications are issued:

- The Under 19 classification concerns riders born in 2007 and 2008
- The Under 23 classification concerns riders born in 2003, 2004, 2005 and 2006

The young rider classifications are based on the individual General Classification ranking.

Mountain Classification

The Mountain classification is based on the total points awarded at the designated locations. Exact locations are indicated on the course maps and technical summary in the Technical Guide.

Points awarded are as follows:

Place	Category 1	Category 4
1	10	3
2	8	2
3	6	1
4	4	
5	2	

When two riders or more have the same number or points in the mountain classification, ties are broken in accordance with article 2.6.017 of the UCI regulations.

Points Classification

The points classification is awarded to the rider with the highest aggregate number of points, accumulated from intermediate sprints and stage finishes.

Exact locations of the intermediate sprints are indicated on the course maps and technical summary in the Technical Guide.

Points are awarded as follows for each of the intermediate sprints and stage finishes with the exception of the stage two time trial:

Place	Stage Finish	Intermediate Sprint
1	30	6
2	25	4
3	22	2
4	19	
5	17	
6	15	
7	13	
8	11	
9	9	
10	7	
11	5	
12	4	
13	3	
14	2	
15	1	

When two riders or more have the same number of points in the points classification, ties are broken in accordance with article 2.6.017 of the UCI regulations.

ARTICLE 8. STARTS

Competitors must sign the “sign-on board” sheet at the assembly point on each Race Day.

In accordance with article 2.12.007 of the UCI regulations, riders not signing-on may be penalised, along with their team manager.

ARTICLE 9. RACE INCIDENTS OCCURRING IN THE LAST 3KM

In the case of a duly noted incident in the last lap of the road race stage 3 or the last 3 laps of the stage 1 criterium, the rider or riders affected shall be credited with the time of the rider or riders in whose company they were riding at the moment of the incident. Their placing shall be determined by the order in which they actually cross the finishing line.

An incident is considered as any event independent from the physical capacity of the rider (fall, mechanical problem, puncture).

Riders affected by an incident are asked to make themselves known to a Commissaire by raising their hand and report to a Commissaire after the finish of the stage.

If the result of a duly noted fall in these last laps, a rider cannot cross the finishing line, they shall be placed last in the stage and credited with the time of the rider or riders in whose company they were riding at the time of the incident. This rule will only be in effect on stages 1 and 3.

For clarity, no 3km rule will be in effect on stage 4.

Decisions related to this article are taken independently by the Commissaire's Panel.

ARTICLE 10. CRITERIUM STAGES

- Criterium stages that will be raced under criterium rules will be stages 1 and 3
- Points are on offer towards the PSL Criterium and Power Rider overall standings in stages 1 and 3
- All competitors must complete the criterium stages
- Lapped rider must be withdrawn officially by race officials for the above standard to be implemented and an officially withdrawn rider is considered to have completed the stage and is permitted to continue in next stage.
- Rider withdrawing from race under their own will be considered as retiring and will be classified as a stage DNF and is not permitted to continue in the next stage.
- For recognised mechanical mishaps, riders will be given 1 lap out and must return into the race at the same point where the mishap occurred. No free laps will be given in the final 5 laps (this point is excluded from stage 3)

Criterium Configuration

- All criteriums must be run to set number of total laps

Pulled Riders

In the case that a rider is pulled from the event they will be given the final time of the final finisher plus calculated additional time. Number of Laps Not Completed	% of winners average lap time
1	100%
2	110%
3	120%
4	130%
5	140%
6	150%
7	160%
8	170%
9	180%
10	190%
11+	200%

ARTICLE 11. RESULTS

Results will be released after confirmation from the Commissaire's Panel. Official Results will be posted on the race's official website.

ARTICLE 12. LOCAL LAWS

It is against the law to urinate in public in Queensland and by doing so you may be cited by local law enforcement. Please obey all traffic laws, speed limits and the directions of law enforcement. The Commissaires may enforce these rules concerning rider and team manager conduct, even if there is no citation by local law enforcement.

ARTICLE 13. RIDER IDENTIFICATION

During Q Tour, all competitors must use the frame number plate and body numbers as supplied by the organisation and not altered in any way.

ARTICLE 14. LITTERING

Littering on course is strictly prohibited. All bottles and other nutrition packaging must be given to team cars or team helpers in feedzones or carried by the rider to the finish where it can be disposed off correctly.